

# 1,000 Hands Buddha Qigong Registration and Liability Form

Taught by Meggan Baumgartner, LAc 2021 [www.healingpt.com](http://www.healingpt.com)

Certified to teach by Master Liu He, who is the co-founder of Ling Gui International Healing Qigong School and teacher of this form. [www.linggui.org](http://www.linggui.org)

Please fill out your contact info clearly so I may contact you with any info or changes to our class schedule. Read the paragraph below and sign release statement at bottom. Submit this form with your payment of \$90 (checks made out to Meggan Baumgartner, LAc) to PO Box 9381 Moscow, ID 83843 ***by October 1st***. This class is online via zoom. Thank you!

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Name

Phone #

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Email address

Town where you live / work

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When Qigong is properly practiced it is extremely beneficial and presents minimal risk to one's health. Please consult your physician if you are in doubt of your capabilities or response to Qigong. While Meggan is happy to discuss your individual responses to this form, if you have concerns or questions, she is not liable for harm that may result from the study and practice of qigong. It is your responsibility to pay attention to your own body, its limitations and needs.

By signing below, I attest that I have read and understand the above statement. I release Meggan Baumgartner from any liability if I am to injure myself while participating in class or at home:

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Signature

Name Printed

Date